5th SCIENTIFIC CONGRESS
Asean Society of Colorectal Surgeons
&
COLOPROCTOLOGY 2010
(8th Malaysian Colorectal Conference)

4th - 6th MARCH 2010

4th MARCH 2010
Pre-Congress Workshop

SHANGRI-LA HOTEL
KUALA LUMPUR
MALAYSIA

MALAYSIAN SOCIETY
OF COLORECTAL SURGEONS

www.colorectalmy.org
ORGANISING COMMITTEE

ORGANISING/SCIENTIFIC CHAIRMAN
Prof Yunus Gul

DEPUTY ORGANISING CHAIRMAN
Dr Wan Khamizar

HON SECRETARY
Dr Lu Ping Yan

HON TREASURER
Assoc Prof Azmi Mohd Nor

SCIENTIFIC COMMITTEE
Assoc Prof Ismail Sagap

ALLIED HEALTH PROGRAMME
Dr Meheshinder Singh

PRE-CONFERENCE WORKSHOP
Dr April Roslani

SOCIAL
Dr Manohar Padmanathan

COMMITTEE MEMBERS
Dr Mohd Akhtar Qureshi
Dr Samuel Tay
Dr Paul Selvindoss

POSTERS

The Organising Committee calls for submission of abstracts for the poster presentations. The closing date is 30th November 2009. Abstract submission can be done online at our website. For full submission instructions as well as guidelines, please log-on to www.colorectalmy.org.

There will be Best Poster awards:
1st Prize – RM1,000  2nd Prize – RM 750  3rd Prize – RM 500

CONGRESS SECRETARIAT

5th Scientific Congress of the Asean Society of Colorectal Surgeons & Coloproctology 2010 (8th Malaysian Colorectal Conference)
19 Jalan Folly Barat, 50480 Kuala Lumpur, Malaysia
Tel : 603-2093 0100, 2093 0200  Fax : 603-2093 0900
Email : secretariat@colorectalmy.org  Website : www.colorectalmy.org
WELCOME MESSAGE

It gives me great pleasure to welcome all of you to the combined meeting of 5th Asean Society of Colorectal Surgeons (ASCS) Scientific Congress and the annual Malaysian Colorectal Conference (Coloproctology 2010).

Scientific knowledge in the world of colorectal surgery continues to evolve at a rapid phase together with constant development of new techniques such as in minimally invasive surgery and more recently robotic colorectal surgery. We have invited a highly distinguished faculty of speakers to provide us with an update in the field of colorectal surgery and the topics chosen also reflect common diseases and challenges that we come across in our daily practice.

The previous ASCS meetings were extremely well organised with an excellent scientific programme and we promise to continue that trend which will favour both the experienced surgeon and trainees alike. A one-day workshop featuring live demonstration on laparoscopic and complex ano-rectal pathology has been scheduled prior to the scientific meeting which will certainly help enrich our skills.

I would like to thank all the invited speakers for taking valuable time off of their hectic schedule in agreeing to deliver their scheduled lectures. I would also like to express my gratitude to all the members of the Organising Committee for all their hard work and commitment in organising the meeting in what should culminate as another highlight for the Malaysian Society of Colorectal Surgeons list of events in 2010.

The industry should not be forgotten for their valuable assistance in ensuring the continuing success of our annual scientific meeting and the ASCS Congress. We have a lively social programme as well to cater for everyone attending the meeting which will provide the best opportunities for our faculty, participants and their families to relax and interact in our vibrant and culturally rich city, Kuala Lumpur. The meeting should also provide us with the necessary platform to discuss future collaborations together especially in engaging all our Asean member countries to participate at a greater level in the near future.

We certainly look forward to seeing all of you in March 2010 in Kuala Lumpur.

YUNUS GUL
Congress President, Asean Society of Colorectal Surgeons & Organising Chairman, Coloproctology 2010
# PROGRAMME SUMMARY

## 5TH MARCH 2010

<table>
<thead>
<tr>
<th>DATE</th>
<th>5TH MARCH 2010</th>
<th>6TH MARCH 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIME</td>
<td>FRIDAY</td>
<td>SATURDAY</td>
</tr>
<tr>
<td>0800 – 0900</td>
<td>SYMPOSIUM 1 Haemorrhoids</td>
<td>SYMPOSIUM 7 Rectal Cancer</td>
</tr>
<tr>
<td>0900 – 1000</td>
<td>OPENING CEREMONY COFFEE / TEA</td>
<td></td>
</tr>
<tr>
<td>1000 – 1100</td>
<td>PLENARY 1</td>
<td>PLENARY 3</td>
</tr>
<tr>
<td>1100 – 1200</td>
<td>SYMPOSIUM 3 Colorectal Cancer</td>
<td>SYMPOSIUM 8 Laparoscopic Colorectal Surgery</td>
</tr>
<tr>
<td>1200 – 1300</td>
<td>SYMPOSIUM 4 Allied Health Professionals (2)</td>
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<tr>
<td>1300 – 1400</td>
<td>LUNCH SATELLITE SYMPOSIUM 1</td>
<td></td>
</tr>
<tr>
<td>1400 – 1500</td>
<td>PLENARY 2</td>
<td>SYMPOSIUM 9 Potpourri</td>
</tr>
<tr>
<td>1500 – 1600</td>
<td>SYMPOSIUM 5 Allied Health Professionals (3)</td>
<td>COFFEE/ TEA</td>
</tr>
<tr>
<td>1600 – 1700</td>
<td>SYMPOSIUM 6 Faecal Incontinence</td>
<td>PROFESSORS' CORNER</td>
</tr>
<tr>
<td>1700 – 1800</td>
<td>HOW I DO IT</td>
<td></td>
</tr>
<tr>
<td>1800 – 1900</td>
<td>MSCRS Annual General Meeting</td>
<td></td>
</tr>
<tr>
<td>1930 – 2230</td>
<td>GALA DINNER</td>
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</table>

## 4TH MARCH 2010

<table>
<thead>
<tr>
<th>TIME</th>
<th>THURSDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900 – 1730</td>
<td>PRE-CONGRESS WORKSHOP</td>
</tr>
</tbody>
</table>

**VENUE:**
Clinical Auditorium, University Malaya Medical Centre, Kuala Lumpur, Malaysia

## 7TH MARCH 2010

<table>
<thead>
<tr>
<th>TIME</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900 – 1200</td>
<td>POSTGRADUATE ROUND</td>
</tr>
</tbody>
</table>

**VENUE:**
Hospital Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia
# Pre-Congress Workshop

**4th March 2010, Thursday**

**Venue:** Clinical Auditorium, University Malaya Medical Centre, Kuala Lumpur, Malaysia  
**Invited Faculty:** Steven Wexner

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900 – 0945</td>
<td>Lectures</td>
</tr>
<tr>
<td>0945 – 1015</td>
<td>Coffee / Tea</td>
</tr>
<tr>
<td>1015 – 1330</td>
<td>Live Demonstrations</td>
</tr>
<tr>
<td>1330 – 1430</td>
<td>Lunch</td>
</tr>
<tr>
<td>1430 – 1730</td>
<td>Live Demonstrations (continued)</td>
</tr>
<tr>
<td>1730</td>
<td>Tea &amp; Closing</td>
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</tbody>
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# Daily Programme

**5th March 2010, Friday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
</table>
| 0800 – 0930 | **Symposium 1**  
**Haemorrhoids**  
- Office Management ARMANDO CRISOSTOMO  
- Stapled Haemorrhoidectomy – Durable or Deceivable EU KONG WENG  
- Haemorrhoidal Artery Ligation and Recto Anal Repair YUNUS GUL  
- Redo Haemorrhoidectomy – Who, When and How ARUN ROJANASAKUL |
| 0800 – 0930 | **Symposium 2**  
**Allied Health Professionals (1)**  
- Stoma Care in Children TAI SEOW BENH  
- Sexuality Post Ostomy Surgery NG YENG LAI  
- Diet Modification in An Ostomate JOY CHUA GUEK LING  
- Enterostomal Nurse Certification in Malaysia RAVATHY |
| 0930 – 1030 | Opening Ceremony               |
| 1030 – 1115 | **Plenary 1**  
Avoiding and Managing Post-Operative Ileus in Colorectal Surgery STEVEN WEXNER |
5TH MARCH 2010, FRIDAY

1115 – 1245 SYMPOSIUM 3
COLORECTAL CANCER
- How to Identify and Diagnose Patients with HNPCC
  TANG CHOONG LEONG
- Surveillance Recommendations for Patients with FAP
  RICHARD SIM
- Identification of High Risk Patients for Adjuvant Therapy
  MATIN MELOR
- Liver Metastases – Current Treatment Options
  R KRISHNAN

1115 – 1245 SYMPOSIUM 4
ALLIED HEALTH PROFESSIONALS (2)
- Wound Care Challenges : Management of Enterocutaneous Fistula
  ONG CHEW ENG
- Management of Perineal Wounds in Fecal Incontinence
  ONG CHEW ENG
- Peristomal Excoriation – Re Visit
  RASHIDAH JAMALUDDIN
- Parastomal Herniation : A Suitable Appliance?
  RAVATHY

1245 – 1415 LUNCH SATELLITE SYMPOSIUM 1

1415 – 1500 PLENARY 2
Robotic Colorectal Surgery – Beginning of the End?
SEON-HAHN KIM

1500 – 1630 SYMPOSIUM 5
ALLIED HEALTH PROFESSIONALS (3)
- Hands on Workshop – Stoma and Wound Care
  RAVATHY & TEAM
- Short Video on Flexiseal – Fecal Management System (FMS)

1500 – 1630 SYMPOSIUM 6
FAECAL INCONTINENCE
- Anorectal Physiology
  CHEONG WAI KIT
- Stimulated Graciloplasty
  KEMAL DEEN
- Sacral Nerve Stimulation
  STEVEN WEXNER
- Artificial Bowel Sphincter and Injectables
  CHARLES TSANG

1630 – 1700 COFFEE / TEA

1700 – 1800 HOW I DO IT
- Perineal Rectosigmoidectomy for Rectal Prolapse
  SHERIEF SHAWKI
- Laparoscopic Total Colectomy
  EU KONG WENG
- Gracilis Interposition for Recto-Vaginal Fistula
  SHERIEF SHAWKI
- Perineal Repair of Rectal Prolapse
  KEMAL DEEN
- Triple L Flap for Pilonidal Sinus
  FRANCIS SEOW CHOEN

1800 – 1900 MSCRS Annual General Meeting

1930 – 2230 GALA DINNER
## DAILY PROGRAMME
### 6th MARCH 2010, SATURDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Venue</th>
</tr>
</thead>
</table>
| 0800 – 0930 | **SYMPOSIUM 7** SABAH ROOM | RECTAL CANCER  
• Surgeon Influenced Variables in the Outcome of Rectal Cancer Surgery **STEVEN WEXNER**  
• Short and Long of Neoadjuvant Therapy **ALBERT LIM**  
• Surgeon’s Perspective of Post-Op Radiotherapy – Who Needs It? **MANUEL ROXAS**  
• Involved Margins – What Next? **KEMAL DEEN** | SABAH ROOM |
| 0930 – 1015 | **PLENARY 3** SABAH ROOM | Management of Lower Gastrointestinal Bleeding **TANG CHOONG LEONG** | SABAH ROOM |
| 1015 – 1045 | **COFFEE / TEA** | | |
| 1045 – 1215 | **SYMPOSIUM 8** SABAH ROOM | LAPAROSCOPIC COLORECTAL SURGERY  
• Is Laparoscopic Surgery Justified for All Colorectal Cancer Patients? **SHERIEF SHAWKI**  
• Avoiding and Overcoming Complications **KEMAL DEEN**  
• Hand Assisted Laparoscopic Surgery – The Way Forward **CHARLES TSANG**  
• Laparoscopic Surgery in Inflammatory Bowel Disease **STEVEN WEXNER** | SABAH ROOM |
| 1215 – 1400 | **LUNCH SATELLITE SYMPOSIUM 2** SABAH ROOM | ASCS Council Meeting | SABAH ROOM |
| 1400 – 1530 | **SYMPOSIUM 9** SABAH ROOM | POTPOURRI  
• Management of Rectourethral and Rectovaginal Fistulas **STEVEN WEXNER**  
• Bowel Preparation in Colorectal Surgery – Do We Need It? **ISMAIL SAGAP**  
• Management of Pilonidal Abscess and Sinuses **ENRICO RAGAZA**  
• Management of Anastomotic Leaks **ROBERT CHANG** | SABAH ROOM |
| 1530 – 1600 | **COFFEE / TEA** | | |
| 1600 – 1700 | **PROFESSORS’ CORNER** SABAH ROOM | Coordinators: Samuel Tay / Lu Ping Yan | SABAH ROOM |

## DAILY PROGRAMME
### 7th MARCH 2010, SUNDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900 – 1200</td>
<td><strong>POSTGRADUATE ROUND</strong></td>
<td></td>
</tr>
</tbody>
</table>
*Venue: Hospital Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia*  
*KEMAL DEEN* | |
CONFERENCE INFORMATION

CONGRESS SECRETARIAT
5th Scientific Congress of the Asean Society of Colorectal Surgeons
& Coloproctology 2010 (8th Malaysian Colorectal Conference)
19 Jalan Folly Barat, 50480 Kuala Lumpur, Malaysia
Tel : 603-2093 0100, 2093 0200 Fax : 603-2093 0900
Email : secretariat@colorectalmy.org Website : www.colorectalmy.org

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Category</th>
<th>Before 30th December 2009</th>
<th>After 30th December 2009 and Before 25th February 2010</th>
<th>On-Site</th>
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</thead>
<tbody>
<tr>
<td>Local Delegate</td>
<td>RM 450.00</td>
<td>RM 500.00</td>
<td>RM 600.00</td>
</tr>
<tr>
<td>Medical Officer / Allied Health Professional</td>
<td>RM 350.00</td>
<td>RM 400.00</td>
<td>RM 500.00</td>
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<tr>
<td>Overseas Delegate</td>
<td>USD 300.00</td>
<td>USD 350.00</td>
<td>USD 450.00</td>
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*PRE-Congress Workshop (4th March 2010)

<table>
<thead>
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<th>Category</th>
<th>Before 30th December 2009</th>
<th>After 30th December 2009 and Before 25th February 2010</th>
<th>On-Site</th>
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</thead>
<tbody>
<tr>
<td>Local Delegate</td>
<td>RM 100.00</td>
<td>RM 150.00</td>
<td>RM 250.00</td>
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<tr>
<td>Overseas Delegate</td>
<td>USD 100.00</td>
<td>USD 150.00</td>
<td>USD 250.00</td>
</tr>
</tbody>
</table>

*Delegates would have to register separately for the Pre-Congress Workshop.

CONGRESS VENUE
Shangri-La Hotel Kuala Lumpur
11 Jalan Sultan Ismail, 50250 Kuala Lumpur, Malaysia
Tel : 603-2074 3551 Fax : 603-2070 8616
Attn : Ms Wendy Soo Email : wendy.soo@shangri-la.com

HOTEL ROOM RATES

<table>
<thead>
<tr>
<th>ROOM CATEGORY</th>
<th>SINGLE ROOM RATES</th>
<th>DOUBLE ROOM RATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Executive Room</td>
<td>RM 515.00++</td>
<td>RM 565.00++</td>
</tr>
<tr>
<td>Premier Room</td>
<td>RM 565.00++</td>
<td>RM 615.00++</td>
</tr>
<tr>
<td>Horizon Executive Room</td>
<td>RM 800.00++</td>
<td>RM 850.00++</td>
</tr>
</tbody>
</table>
PAYMENT
All payments are to be made in USD or RM.

Payments can be made via credit card or telegraphic transfer to:
Account Name : Malaysian Society of Colorectal Surgeons
Bank : CIMB Bank Berhad
Account No : 1471-0001195-05-1
Branch : Plaza Damansara Branch
         Bukit Damansara
         Kuala Lumpur, Malaysia
Swift Code : CIBBMYKL
(If remittance is via telegraphic transfer, please attach proof of remittance with the completed Registration Form.)

1. By bank draft (USD) / Cheque (RM) payable to “Malaysian Society of Colorectal Surgeons”
2. By credit card (VISA, MasterCard)

Payment should be sent with the completed registration form to the Congress Secretariat. On-site registration may be paid in cash or credit card.

CANCELLATION AND REFUND POLICY
The conference secretariat must be notified in writing of all cancellation. Refund will be made after the conference as follows:

Cancellation on or before 31st December 2009 : 50%
Cancellation after 1st January 2010 : Nil

CERTIFICATE OF PARTICIPATION
A certificate of participation will be issued to all delegates.

LIABILITY
The Organising Committee will not be liable for personal accidents, loss or damage to private properties of participants during the Conference. Participants should make their own arrangements with respect to personal insurance.

DISCLAIMER
Whilst every attempt would be made to ensure that all aspects of the Conference as mentioned in this publication will take place as scheduled, the Organising Committee reserves the right to make last minute changes should the need arises.
ABSTRACT GUIDELINES

The Scientific Committee welcomes the submission of abstracts for Poster Presentation at the 5th Scientific Congress of the Asean Society of Colorectal Surgeons & Coloproctology 2010 (8th Malaysian Colorectal Conference).

The Abstract Form must be completed and returned to the Secretariat, along with the Registration Form and the necessary fees by 30th November 2009.

GENERAL GUIDELINES FOR SUBMISSION OF ABSTRACTS

• No limit is imposed on the number of abstracts submitted by individuals.
• Abstracts are to be submitted in English only.
• Abstracts must be accompanied by payment of registration fees. If the abstract is subsequently not accepted for presentation, and the author wishes to cancel his participation, the registration fee will be refunded to the author.
• The final selection will be the responsibility of the Scientific Committee.

WHERE APPROPRIATE, THE ABSTRACTS SHOULD CONTAIN THE FOLLOWING

• A statement of the objectives of the study.
• A description of the methods used.
• A summary of the results obtained.
• A statement of the conclusions reached.

INSTRUCTIONS FOR PREPARATION OF ABSTRACTS

• The abstract should not exceed 300 words.
• Title must be in CAPITAL letters on the first line. Do not indent.
• Author(s) name(s) and institution(s). Do not include degrees or professional titles. A maximum of four (4) authors can be listed.
• Underline the name of the presenting author.
• Leave one line between the title / author / institution and the body of the abstract.
• Texts must be typed single-spaced, with only the left margin justified. Graphs, tables and illustrations cannot be included in the abstract.
• Abstract submission can be done online at our website. For full submission instructions as well as guidelines, please log-on to www.colorectalmy.org.
• The closing date is 30th November 2009.
BEST POSTER AWARD

The BEST POSTER is an award for the best original scientific or clinical paper submitted by young surgeons in Malaysia for presentation at the 5th Scientific Congress of the Asean Society of Colorectal Surgeons & Coloproctology 2010 (8th Malaysian Colorectal Conference). This award will hopefully encourage a high standard of research and scientific presentations among young surgeons.

THE PRIZE

There will be Best Poster awards:
1st Prize – RM 1,000  2nd Prize – RM 750  3rd Prize – RM 500

REGULATIONS

1. The competition is open to all young surgeons and surgical trainees currently working in Malaysian and Asean hospitals and institutions, who are below 35 years old as on 1st January 2010.

2. The work submitted may be from any surgical specialty, and it may take the form of clinical trials, surveys, retrospective studies, laboratory experiments or any other form of unpublished original work.

3. The bulk of the work which are submitted must be performed by the author himself/herself even though he may have done the work in conjunction with other doctors or agencies either locally or overseas. However, the work must be carried out in Malaysia.

4. The author himself/herself should present the paper at the Meeting in March 2010 if the paper is selected for the finals.

5. The author must submit a signed declaration of his/her age, that his/her paper has not been published or presented elsewhere and the presenter has done most of the work.
IMPORTANT DEADLINES

EARLY BIRD REGISTRATION
Before 30th December 2009

ABSTRACT SUBMISSION
30th November 2009

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